

**DESERT GRANDE DUATHLON/TRIATHLON**  
**SATURDAY, NOVEMBER 2, 2013**  
**7:30 A.M.**

Central Arizona College  
 8470 N. Overfield Road, Coolidge AZ

**TRIATHLON INFORMATION**

400 meter swim; 10.2 mile bike; 3 mile run  
 Order of Events: Swim-Bike-Run

**Entry Fees:**

Individual - \$50 Teams - \$75

Late entries after October 12- add \$20

**(Early entries must be postmarked by 10/12/13)**

**DUATHLON INFORMATION**

1.5 mile run; 10.2 mile bike; 3 mile run  
 Order of Events: Run-Bike-Run

**Entry Fees:**

Individual - \$40 Teams - \$60

Late entries after October 12 - add \$20

**(Early entries must be postmarked by 10/12/13)**

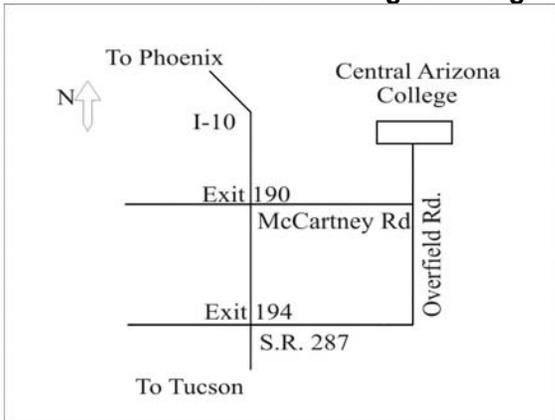
**\*Helmets required for bike portion of event**

**For more information contact:**

Matt Jankowski: (520)421-8677 Ext.4540

Email: [matt\\_jankowski@casagrandeaz.gov](mailto:matt_jankowski@casagrandeaz.gov)

Visit our website at [www.casagrandeaz.gov](http://www.casagrandeaz.gov)



CEP Timing Systems will be the Official Timer for the event. They will provide individual, accurate timing for all Triathlon participants.

**DIVISIONS**

Duathlon  Triathlon

**Individual**

Female  Male

15 & Under  16-19  20-29

30-39  40-49  50-59

60-69  70 +

OR

**Athena**

**Clydesdale**

Female 160 lbs. +  Male 210 lbs. +

OR

**TEAMS (Combined Ages)**

**Please check your combined ages**

Women's Team  Men's Team

Co-ed Team

39 & Under  40-59  60-79

80-99  100 +

**Serpentine Swim – 10 Second Intervals**

**Check in begins at 5:30 A.M.**

All Triathletes should enter the water within 1 hour of 7:30 A.M. start time, fastest to slowest pool entry. Line up at pool begins at 7:15 A.M.

Long sleeve event shirts & medals to all participants, prizes 2 deep in all age divisions and categories. Swim is held in 50 meter heated pool.

Please register early as this event fills fast.

**Please Print:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

In consideration for your acceptance of this registration; I for myself and anyone entitled to act on my behalf, agree to waive any claim against the City of Casa Grande, its employees, its agents, or its event sponsors for injuries that my occur as a result of my participation in this program. I understand the risks involved in the activity and agree that I will exercise caution and take steps necessary to avoid injury. I also give permission for my likeness and or name to appear on any future advertising done for this event.

**All participants must read and sign above.**  
**Race Director reserves the right to refuse any entry.**

Mail completed form to:  
 Casa Grande Parks and Recreation  
 Attn: Desert Grande Duathlon/Triathlon  
 404 E. Florence Blvd, Casa Grande, AZ 85122

Please make checks payable to: City of Casa Grande



**Central  
Arizona  
College**



**Casa Grande Parks and Recreation  
Attn: Desert Grande Duathlon/Triathlon  
404 E. Florence Blvd, Casa Grande, AZ 85122**

*Desert Grande*  
*Triathlon Duathlon*