

## SPORTS

For more information regarding programs contact Jeff Molner at (520) 421-8677, ext. 4560

### SCHOOL AGES 5 - 12

#### JUNIOR GOLF

\$55

Each class is open to ages 5-12 of all skill levels. Instruction includes putting, chipping, full swing, rules and etiquette. Some sessions may include on-course practice. We have junior clubs if you don't have your own clubs. Low student to instructor ratios; some sessions may require instructor approval.

Instructor: Jennifer Marsh, PGA

45946	5-12	Tue,Thu	1/13-2/19	4:00-4:45 pm	DWGC
45947	5-12	Tue,Thu	3/3-4/9	4:00-4:45 pm	DWGC



#### 3 ON 3 YOUTH BASKETBALL TOURNAMENT

\$15

Three divisions of play will be offered at this Spring Tournament to be held at the Len Colla Recreation Center Gymnasium. Divisions will include Rookie (CoEd Ages 9-11), Junior (CoEd Ages 12-14), and Pro (CoEd Ages 15-17). Games will begin at 6:00 p.m. The entry fee is \$15.00 and prizes will be awarded to the top finishers in each division. Entry forms can be picked up at the Parks & Recreation Office or the Len Colla Recreation Center. Pre-Registration is required. Registration Deadline is Friday, March 6, 2015

45997	9-11	Wed	3/11	6:00-10:00 pm	LCRC
45998	12-14	Fri	3/13	6:00-10:00 pm	LCRC
45999	15-17	Fri	3/13	6:00-10:00 pm	LCRC



#### ZUMBA FOR KIDS

\$25 FOR 6 WEEKS

Children are invited to join us for this aerobics program which combines Latin and international music with dance that makes exercise fun. Youth will be taught elements of salsa, meringue, cumbia, samba and other international music styles.

Instructor: Maria Ornelas

45959	6-12	Sat	2/7-3/21	10:30- 11:30 am	WC
45960	6-12	Sat	3/28-5/2	10:30- 11:30 am	WC

## Gymnastics

Lead Instructor: Cathie White

Classes will be held MONDAYS at the Parks & Recreation Office beginning the week of JANUARY 26. Space is limited, so register early! Child may be adjusted into another level if they exceed or lack the necessary skills for their designated class.

No classes will be held the week of Spring Break, 3/23-3/27

#### BEGINNING GYMNASTICS

\$90

Children will learn basic tumbling along with activities that develop their coordination and motor skills. It will include learning somersaults, cartwheels and handstands, along with vaulting, beam and bar skills.

45948	5-10	Mon	1/26-4/13	5:45- 6:40 pm	P & R
-------	------	-----	-----------	---------------	-------



#### INTERMEDIATE GYMNASTICS

\$120

This will build on the basic skills mastered in Beginning Gymnastics. Children will learn limbers, walkovers, handsprings and combination tumbling. It will include vaulting, balance beam and bar work.

Prerequisites: Successful completion of of Beginner class skill chart (5 second wall handstand, backbend and round off)

45949	5-13	Mon	1/26-4/13	6:45- 8:10 pm	P & R
-------	------	-----	-----------	---------------	-------

#### ADVANCED GYMNASTICS

\$120

Children will learn walkover combinations, ariels, and handsprings. Basic routines will be practiced on the mats, beam and bar.

Prerequisites: Successful completion of Intermediate Gymnastics skill chart (backbend, kick over, limber and handspring)

45950	6-15	Mon	1/26-4/13	4:15- 5:40 pm	P & R
-------	------	-----	-----------	---------------	-------

#### MOMMY & ME TUMBLING

\$50

Mom and toddler will learn basic tumbling skills while exploring the gymnastic equipment, (mats, beam, and mini trampoline). Stretching and agility will be emphasized as well as nursery rhymes, songs and games. Parent participation is required.

45952	2-3.5	Mon	1/26-4/13	10:45-11:35 am	P&R
-------	-------	-----	-----------	----------------	-----

#### JUNIOR TUMBLING

\$70

Child will learn basic tumbling skills while exploring gymnastics equipment. Stretching and agility will be emphasized.

45953	3-5	Mon	1/26-4/13	11:45 am-12:40 pm	P&R
-------	-----	-----	-----------	-------------------	-----