

SPORTS

For more information regarding programs contact the Recreation Office (520)421-8677.

PRESCHOOL AGES 3 - 6

PEE WEE BASKETBALL CLINIC

\$20

Youth ages 5 & 6 are eligible for the Pee Wee Basketball Clinic, which will focus on basic fundamentals of basketball, such as passing, dribbling, shooting, games, and teamwork. The clinic is offered on Saturdays for 4 weeks from 10:00 - 11:30 a.m. Each participant will receive a t-shirt, a certificate and a medal for completing the Pee Wee Clinic.

44600 5-6 Sat 10/25-11/15 10:00-11:30 am B&G Club

SCHOOL AGES 5 - 12

JUNIOR GOLF

\$55

Each class is open to ages 5-12 of all skill levels. Instruction includes putting, chipping, full swing, rules and etiquette. Some sessions may include on-course practice. We have junior clubs if you don't have your own clubs. Low student to instructor ratios; some sessions may require instructor approval.

Instructor: Jennifer Marsh, PGA

45146 5-12 Tue,Thu 9/30-11/6 4:00-4:45 pm DWGC

PUNT, PASS AND KICK COMPETITION

FREE

The NFL Pepsi Punt, Pass & Kick program creates a lively and engaging forum for boys and girls ages 6-15 to compete separately against their peers in punting, passing and kicking skills. The competition will be held on Friday, September 19 from 6 pm - 8 pm.

6-15 Fri 9/19 6:00 - 8:00 pm Carr McNatt

YOUTH BASKETBALL LEAGUE

\$50

This is a non-competitive, fundamental league focusing on fun, sportsmanship, and team play. There are three age divisions, Rookies (ages 7-8), Juniors (ages 9 -11) and Pros (ages 12-14).. Games will be played on either Tuesday, Thursday or Saturday. Game site will either be the Boys and Girls Club or the Len Colla Recreation Center. Each participant will receive a trophy and a jersey. Limited scholarships will be provided for those in need. Registration ends on Friday, October 24 at 5 pm.

44596 7-8 Sat 12/13-2/14 8:00-11:00 am LCRC

44597 9-11 Sat 12/13-2/14 9:00am -3:00 pm B&G Club

44598 12-14 Tu, Th 12/13-2/14 7:00-9:00 pm B&G Club



ZUMBA FOR KIDS

\$25 FOR 6 WEEKS

Children are invited to join us for this aerobics program which combines Latin and international music with dance that makes exercise fun. Youth will be taught elements of salsa, meringue, cumbia, samba and other international music styles. Instructor: Maria Ornelas

44347 6-12 Sat 9/6-10/18 10:30- 11:30 am WC

44348 6-12 Sat 10/25-11/29 10:30- 11:30 am WC

Gymnastics

Lead Instructor: Cathie White

Classes will be held MONDAYS at the Parks & Recreation Office beginning the week of SEPTEMBER 8. Space is limited, so register early! Child may be adjusted into another level if they exceed or lack the necessary skills for their designated class. No classes will be held the week of Fall Break, 10/20 - 10/24

BEGINNING GYMNASTICS

\$90

Children will learn basic tumbling along with activities that develop their coordination and motor skills. It will include learning somersaults, cartwheels and handstands, along with vaulting, beam and bar skills.

44502 5-10 Mon 9/8-11/24 5:45- 6:40 pm P & R



INTERMEDIATE GYMNASTICS

\$120

This will build on the basic skills mastered in Beginning Gymnastics. Children will learn limbers, walkovers, handsprings and combination tumbling. It will include vaulting, balance beam and bar work.

Prerequisites: Successful completion of of Beginner class skill chart (5 second wall handstand, backbend and round off)

44503 5-13 Mon 9/8-11/24 6:45- 8:10 pm P & R

ADVANCED GYMNASTICS

\$120

Children will learn walkover combinations, ariels, and handsprings. Basic routines will be practiced on the mats, beam and bar.

Prerequisites: Successful completion of Intermediate Gymnastics skill chart (backbend, kick over, limber and handspring)

44504 6-15 Mon 9/8-11/24 4:15- 5:40 pm P & R

MOMMY & ME TUMBLING

\$50

Mom and toddler will learn basic tumbling skills while exploring the gymnastic equipment, (mats, beam, and mini trampoline). Stretching and agility will be emphasized as well as nursery rhymes, songs and games. Parent participation is required.

44546 2-3.5 Mon 9/8-11/24 10:45-11:35 am P&R

JUNIOR TUMBLING

\$70

Child will learn basic tumbling skills while exploring gymnastics equipment. Stretching and agility will be emphasized.

44547 3-5 Mon 9/8-11/24 11:45 am-12:40 pm P&R

TUMBLING FOR CHEERLEADERS

\$90

This class will emphasize the basic tumbling skills needed for cheerleading: handstands, cartwheels, round-offs, backbends and cheer jumps. Strength and flexibility exercises will also be emphasized.

44548 13-17 Mon 9/8-11/24 8:15-9:10 pm P&R