

## SPORTS

For more information regarding programs contact the Recreation Office (520)421-8677.

### PRESCHOOL AGES 3 - 6

#### KINDERGYM

**\$25/SESSION**

This program is a combination of basic movement and gymnastics skills, designed for children ages 3-6. They will learn basic tumbling, along with activities that develop basic coordination and motor skills. It will include learning somersaults, cartwheels and working with the mini-trampoline and the low balance beam.

41796	3-6	M-Th	6/2-6/12	8:00-8:45 am	P&R
41797	3-6	M-Th	6/2-6/12	9:00-9:45 am	P&R
41798	3-6	M-Th	6/2-6/12	10:00-10:45 am	P&R
41799	3-6	M-Th	6/16-6/26	8:00-8:45 am	P&R
41800	3-6	M-Th	6/16-6/26	9:00-9:45 am	P&R
41801	3-6	M-Th	6/16-6/26	10:00-10:45 am	P&R

### SCHOOL AGES 5 - 12

#### SPORTS CAMP

**\$15/WEEK**

The basics of each sport including skill building and sportsmanship will be emphasized.

Soccer					
41452	6-12	M-Th	6/2-6/5	8:00-9:30 am	Carr McNatt
Football					
41453	6-12	M-Th	6/9-6/12	8:00-9:30 am	Carr McNatt
Baseball					
41454	6-12	M-Th	6/16-6/19	8:00-9:30 am	LLC
Basketball					
41499	6-10	M-Th	6/23-6/26	8:00-9:30 am	LCRC
41500	11-14	M-Th	7/7-7/10	8:00-9:30 am	LCRC
Pickleball/Volleyball					
41501	9-14	M-Th	7/14-7/17	8:00-9:30 am	LCRC
Sports Variety					
41502	6-12	M-Th	7/21-7/24	8:00-9:30 am	Villago Park

#### JUNIOR GOLF PROGRAM

**\$25**

Casa Grande area youth ages 7 to 17 may participate in the Junior Golf Program held at Dave White Municipal Golf Course. Each session will cover instruction on the three areas of the game and also rules and etiquette. Children that need equipment must notify the golf course at (520) 836-9216 prior to June 1st.

41802	7-11	Tu-Th	6/10-6/12	8:00-10:00 am	DWGC
41803	12-17	Tu-Th	6/17-6/19	8:00-10:00 am	DWGC

#### ZUMBA FOR KIDS

**\$25 FOR 6 WEEKS**

Children are invited to join us for this aerobics program which combines Latin and international music with dance that makes exercise fun. Youth will be taught elements of salsa, meringue, cumbia, samba and other international music styles.

42599	6-12	Sat	6/21-7/26	10:30-11:30 am	WC
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## Gymnastics

**Lead Instructor: Cathie White**

Classes will be held TUESDAYS and THURSDAYS at the Parks & Recreation Office beginning the week of JUNE 9. Space is limited, so register early! Child may be adjusted into another level if they exceed or lack the necessary skills for their designated class.

**NO CLASS JUNE 26, JULY 1, 3**

#### BEGINNING GYMNASTICS

**\$90**

Children will learn basic tumbling along with activities that develop their coordination and motor skills. It will include learning somersaults, cartwheels and handstands, along with vaulting, beam and bar skills.

41496	5-10	T,Th	6/10-7/22	5:45-6:40 pm	P & R
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#### TUMBLING FOR CHEERLEADERS

**\$90**

This class will emphasize the basic tumbling skills needed for cheerleading: handstands, cartwheels, round-offs, backbends and cheer jumps. Strength and flexibility exercises will also be emphasized.

41497	13-17	T,Th	6/10-7/22	8:15-9:10 pm	P & R
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#### INTERMEDIATE GYMNASTICS

**\$120**

This will build on the basic skills mastered in Beginning Gymnastics. Children will learn limbers, walkovers, handsprings and combination tumbling. It will include vaulting, balance beam and bar work.

Prerequisites: Successful completion of of Beginner class skill chart (5 second wall handstand, backbend and round off)

41498	5-13	T,Th	6/10-7/22	6:45-8:10 pm	P & R
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#### ADVANCED GYMNASTICS

**\$120**

Children will learn walkover combinations, ariels, and handsprings. Basic routines will be practiced on the mats, beam and bar.

Prerequisites: Successful completion of Intermediate Gymnastics skill chart (backbend, kick over, limber and handspring)

41497	6-15	T,Th	6/10-7/22	4:15-5:40 pm	P & R
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