

# January - Activities

# 2026

Monday

Tuesday

Wednesday

Thursday

Friday

## Daily Activities

Monday-Friday: Open Exercise and Open Pool Tables (8:00 AM-4:00 PM)

Monday, Wednesday, and Friday: Chair Exercise (9:00 AM) and Cards (Noon)

Monday-Thursday: Line Dancing at Len Colla Recreation Center (1105 E. 4<sup>th</sup> St) from 10:00 AM - 12:00 PM

Tuesdays: Crochet at 12:30 PM

**Spirit Week!**  
January 12-16



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10:00 Tai Chi  
10:30 Bridge Lessons  
12:30 Bridge  
1-4 Wood Carving/ Art Group

6

9:00 Donuts & OJ Hour with Open Dance  
10:00 Chinese Mahjong

7

10-12 Grief Support Group  
1:00 Mahjong

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**Happy New Year!**  
Center will be closed for Holiday

2

1:00 Bingo

8

**10:00 New Year, New Me** (Walking Group around the park)  
10-12 Legal Assistance  
**12:30 TV Series:** "A Man on the Inside"

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1:00 Bingo

12

10:00 Tai Chi  
10:30 Bridge Lessons  
12:30 Bridge  
1-4 Wood Carving/ Art Group

13

9:00 Donuts & OJ Hour with Open Dance  
10:00 Chinese Mahjong  
**12:30 Drop in Karaoke**

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10-12 Grief Support Group  
1:00 Mahjong

15

**10:00 New Year, New Me** (Walking Group around the park)  
**1:00 History Speaks:** Casa Grande Ruins: Ancestral Sonoran Desert People

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**1:00 Themed Bingo:** Flannel Friday

Monday  
Mismatched

Tuesday  
Bluesday

Wednesday  
Western

Thursday  
Throwback

Friday  
Flannel

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Center will be closed for Holiday

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9:00 Donuts & OJ Hour with Open Dance/ Blood Pressure Checks  
10:00 Chinese Mahjong

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10-12 Grief Support Group  
1:00 Mahjong

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**10:00 New Year, New Me** (Walking Group around the park)  
**12:30 Craft: Jar Bird Feeder**  
[Sign up at Front Desk](#)

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1:00 Bingo

10:00 Tai Chi  
10:30 Bridge Lessons  
12:30 Bridge  
1-4 Wood Carving/ Art Group

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9:00 Donuts & OJ Hour with Open Dance  
10:00 Chinese Mahjong  
**12:30 Drop in Karaoke**

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**12:30 Year of the Horse Dessert Social:** Haystack Brownies  
1:00 Mahjong

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**10:00 New Year, New Me** (Walking Group around the park)  
**12:30 Food Demo:** Homemade Instant Cocoa  
[Sign up at Front Desk](#)

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1:00 Bingo

**Dorothy Powell Senior Center**

405 E. 6th Street Casa Grande, AZ 85122

Hours: Monday-Friday 8:00 AM - 4:00 PM

P: 520-421-8760

