

LEARN TO BE SAFE



SAFETY PLAN

It's important to develop a safety plan for yourself and your children. Planning in advance for your safety can help prevent the possibility of further violence.

CHECKLIST:

- Teach your children to call the police, neighbor, relative or friend.
- Select a code word that your children, friends or neighbors know to call the police immediately.
- Prepare to leave. Save a little money each week and put it in a place only you know.
- Arrange for a safe place to stay, anytime of the day and/or night.
- Pack some personal belongings for you and your children such as clothing, medicines, toys, etc.
- Gather and organize important papers and documents such as birth certificates, passports, insurance cards, immunization records and bank statements, etc.

**In case of emergency call 9-7-7
or Casa Grande Police
Department at (520) 427-8700**

DOMESTIC VIOLENCE

Domestic Violence is abuse by an intimate partner, spouse, roommate, parent or relative. Domestic Violence includes sexual, physical, emotional and verbal abuse as well as economic threats used to control someone.

QUESTION:

- Have you been hit? Pushed? Grabbed? Slapped? Punched? Choked?
- Has your partner used a weapon against you or threatened to?
- Does your partner make it difficult for you to visit with friends or family?
- Has your partner forced you to have sex or do things against your will?
- Does your partner control access to money or bank accounts? Prevented you from education or career opportunities? Control where you are allowed to work?
- Are you being threatened, harassed or stalked by an intimate partner or non-related person?

The City Attorney's Office Victim Services assists victims with filing Orders of Protection or Injunctions

Against Harassment. If you or someone you know is in a violent or abusive relationship, please contact the following resources.

RESOURCES

24 Hour Community Information & Referral
(800) 352-3792

Against Abuse, Inc., La Casa de Paz Women's Shelter (24 Hour Crisis Line)
(520) 836-0858

City of Casa Grande Attorney's Office Victim Services
(520) 421-8600

Child Abuse Hot line
(888) 767-2445

Arizona Department of Economic Security Family Assistance Administration
(855) 432-7587

Community Action Human Resources Agency (CAHRA)
-Homeless, Utilities, Home Repairs
(520) 466-1112

St. Vincent de Paul Society
-Food, Clothing & Utilities
(520) 836-2009